



KOLHAN UNIVERSITY, CHAIBASA




Proposed Syllabus for FYUGP, NEP-2020 UG – Psychology (2022) University Department of Psychology Kolhan University, Chaibasa


Prepared By



Prof. Lalti Tirkey
Assistant Professor & HOD
University Dept of Psychology
Kolhan University, Chaibasa


Expert
Dr. Sabiha Yunus
Asso. Professor
Dept of Psychology, Jsr.
Women's University, Jsr.


Dr. Dharmendra Rajak
Assistant Professor
University Dept of Psychology
Kolhan University, Chaibasa


Ms. Doris Minz
Assistant Professor & HOD
Dept of Psychology
Mahila College
Kolhan University, Chaibasa


Mr. Vishal Deep
Assistant Professor & HOD
Dept of Psychology
Tata College, Chaibasa
Kolhan University, Chaibasa


Dr. Nityananda Shaw
Assistant Professor
Dept of Psychology
Tata College, Chaibasa
Kolhan University, Chaibasa

Semester-III

Index			
Sem	Code	Papers	Credits (Theory + Practical)
III	MJ-4	Major Paper-4 (Foundations of Developmental Psychology)	3 + 0
	MJ-5	Major Paper -5 (Research Methodology-I)	3 + 0
	MJ-3 Practical	Practical MJ-4 & MJ-5	0 + 2
	MN-1B	Minor Paper – 1B (Social Psychology)	3 + 0
	MN-1B Practical	Practical of MN-1B	0 + 1

Semester-III

Course Title: MAJOR COURSE-04 (MJ-4)

Credits: 03

FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY

Learning Outcomes:

- Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.
- Developing an ability to identify the milestones in diverse domains of human development across life stages.
- Understanding the contributions of socio-cultural context toward shaping human development.
- Acquiring an ability to decipher key developmental challenges and issues faced in the Indian societal context.

FM-60 Marks	Pass Mark-30	Time 3hrs
UNIT	Content	Hours
1 INTRODUCTION	<ul style="list-style-type: none">• Nature and Scope of Developmental Psychology.• Human Development: Introduction, Principles of Development, Methods of Studying Human Development.• Theoretical Perspectives: Psychodynamics Approach: Freud and Erikson	15
2 DOMAINS OF DEVELOPMENT ACROSS LIFE SPAN- I	<ul style="list-style-type: none">• Prenatal Development: Stages and hazards; Neonatal Development: Sensory and Motor Capacity.• Infancy: Physical, Social and Language Development.• Childhood Development: Cognitive, Emotional and Moral Development.	10
3 DOMAINS OF DEVELOPMENT ACROSS LIFE SPAN – II	<ul style="list-style-type: none">• Adolescence: Physical Changes (Puberty and Growth spurts); Development of Identity, Cognitive, Social, Emotional and Moral Development.• Early Adulthood: Sex - Role Adjustment, Diversity of Adult Lifestyles, Career Development.	10
4 DEVELOPMENTAL ISSUES IN INDIAN CONTEXT	<ul style="list-style-type: none">• Middle Adulthood: Changes in Mental Abilities, Adapting to Physical Changes in Midlife, Relationship at Midlife, Vocational Life.• Late Adulthood: Life Expectancy, Physical Changes, Change in Self Concept and Personality, Psychological Well-Being, Retirement and Leisure.	10

Sessional Internal Assessment (SIA) Full Marks – 15 Marks

A – Internal Written Examination – 10 Marks (1 Hr)

B – Over All Performance Including Regularity – 05 Marks

Books Recommended:

- Singh et al, (2014). Developmental Psychology, Motilal Banarashidas pvt, New Delhi.
- Berk, L. E. (2010). Child development (9th Ed.). New Delhi, India: Prentice Hall.
- Feldman, R. S., & Babu, N. (2011). Discovering the life-span. New Delhi, India: Pearson.
- Saraswathi, T. S. (2003). Cross-Cultural perspectives in human development: Theory, research and applications. New Delhi, India: Sage Publications.
- Sharma, N., & Chaudhary, N. (2009). Human development: Contexts and processes. In G.
- Misra (Ed.), Psychology in India, Vol 1: Basic psychological processes and human development. India: Pearson.
- Srivastava, A. K. (Ed) (1997). Child development: An Indian perspective. New Delhi: NCERT

Semester-III

Course Title: MAJOR COURSE-05 (MJ-5)

Credits: 03

RESEARCH METHODOLOGY-I

Learning Outcomes:

- Awareness of the basic features of various types of research undertaken with human beings and understanding of the use of basic terminology used in human research.
- Demonstrate ability to plan simple experiments and state its requirements. Also, to develop awareness of the critical components of experimental design and its conduction.
- Developing familiarity with different kinds of measures and techniques for assessing individual differences.
- Understanding the distinctive features of a select qualitative research methods and plan small qualitative research.
- Understanding the important components of different types of research report and observing the precautions to maintain ethical and moral integrity of the researcher.

FM-60 Marks	Pass Mark-30	Time 3hrs
Unit	Content	Hours
1 INTRODUCTION	<ul style="list-style-type: none">• Measurement: Nature and types of Psychological Measurement, Properties and Functions of Measurement.• Scientific Approach: Aim and Functions; Research Methods: Experimental, Correlational, and Observational; Variable: Concept and Types; Hypothesis: Types and Criteria; Sampling: Concept and Methods. Meaning of research and it's purposes; The process and steps of scientific research.	15
2 PSYCHOLOGICAL STATISTICS	<ul style="list-style-type: none">• Psychological Statistics: Introduction, Measures of Central Tendency and Measures of Variability, Graphical Representation of Data.• The Normal Distribution: Meaning and Uses, Significance of Statistics, t test.	10
3 BASIC RESEARCH DESIGN	<ul style="list-style-type: none">• Meaning of Research Design: Experimental Research Design and Ex-Post-Facto research Design: Control and Experimental Group, Control of extraneous variables.	10
4 TEST AND IT'S TYPES	<ul style="list-style-type: none">• Tests: Concept and Types; Psychometric Properties of Tests:• Validity and Reliability: Nature and Types.• Intelligence Testing: Measurement of abilities: Stanford Binet, and Wechsler Test of Intelligence, Culture Fair Tests: Structure and Application.	10

Sessional Internal Assessment (SIA) Full Marks – 15 Marks
A – Internal Written Examination – 10 Marks (1 Hr)
B – Over All Performance Including Regularity – 05 Marks

Books Recommended:

- Suleiman, Md. (2012). Statistics in Psychology education and other social sciences.
- CR Kothari, (2023). Research Methodology.
- Arun Kumar Singh, (2022). Tests, Measurements and Research Methods in Behavioural Sciences.
- Kerlinger, F.N. & Lee, H.B. (2000). Foundations of behavioural research. New York: Harcourt College Publishers Newman
- W.L. (2008). Social research methods: Qualitative and quantitative approaches. New Delhi: Pearson Education.
- Singh, A.K. (2006). *Tests, Measurement and Research Methods in Behavioral Sciences*. Patna: Bharti Bhavan.
- Kerlinger, F.N. (1983). *Foundations of Behavioral Research*. New Delhi: Surjeet Publications.
- Anastasi, A. (1950). Psychological Testing. Prentice Hall.
- Cronbach, L.J. (1960) (2nd Edition). *Essentials of Psychological Testing*. New York: Harper.
- Freeman, F.S. (1962) (3rd Edition). *Theory and practice of psychological testing*. New York: Holt, Rinehart & Winston.

Semester-III

Course Title: PRACTICAL MJ-04 & MJ-05 (MJ-3 LAB)

Credits: 02

FM-50 Marks	Pass Mark-20
Content	
<ul style="list-style-type: none">• To assess the Personality of the testee by using any Personality test• To assess the Intelligence of the testee by using any Intelligence test/ Cube construction test• To assess the Emotional Intelligence of the testee by using any Emotional Intelligence test• Plan, conduct and report an experiment using experimental method• Calculating the Mean of the sample• Administer any one Self-Report Inventory on a subject, score and report	

Experiments – 30 Marks

Viva-Voice – 10 Marks

Notebook – 10 Marks

Books Recommended:

- Ucchar Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Baron, R. & Misra.G. (2013). Psychology. New Delhi: Pearson.
- Suleiman, Md. (2012). Shikha and Manovigyan me shankhiki. Patna: Motilal Banarsidas.
- Singh, A.K. (2012). Shiksha aum Manovigyan Me Shankhiki. Patna: Motilal Banarsidas.
- Hussain., A.(2014). Experiment in Psychology.
- Mohsin,S.M. (1982). Experiments in Psychology.
- Research Method in psychology, sociology and education by Arun Kumar Singh.
- Statistics in Psychology education and other social sciences by Suleiman, Md. (2012).

Semester-III

Course Title: MINOR COURSE-1B (MN-1B)

Credits: 03

SOCIAL PSYCHOLOGY

Learning Outcomes:

- Understanding the basic social psychological concepts and familiarize with relevant methods.
- Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc.
- Developing skills pertaining to mapping of social reality and understanding how people evaluate social situations.
- Familiarizing with the concepts of social affect and affective processes including people's harming and helping behaviours.
- Developing an understanding pertaining to social influence processes particularly the influence of others on individual behaviour and performance.

FM-60 Marks	Pass Mark-30	Time 3hrs
Unit	Content	Hours
1 INTRODUCTION	<ul style="list-style-type: none">• Social Psychology: Nature, and Scope; Methods of Studying Social Behavior.• Person Perception: Concept, Determinants of Impression Formation.	10
2 SOCIAL COGNITION AND ATTITUDE	<ul style="list-style-type: none">• Social Cognition: Schema, Schematic Processing.• Attribution of Causality: Harold Kelly and Bernard Weiner.• Attitude: Nature, Formation and Measurement.	10
3 AFFECTIVE PROCESS IN SOCIAL CONTEXT	<ul style="list-style-type: none">• Aggression: Concept, Theories: Biological (Instinctive and Ethological), Frustration-Aggression Hypothesis, Social Learning Theory of Aggression.• Pro-social Behavior: Motives to help; Bystander Effect;• Determinants: Personal, Situational and Socio-cultural.	15
4 GROUP PROCESS AND COLLECTIVE BEHAVIOUR	<ul style="list-style-type: none">• Social Influence Processes: Conformity and Compliance.• Intergroup Relations: Prejudice and Discrimination.• Groups: Norms, Roles, Status & Cohesiveness.• Group Influence Processes: Social Facilitation; Social Loafing and De-individuation.	10

Sessional Internal Assessment (SIA) Full Marks – 15 Marks

A – Internal Written Examination – 10 Marks (1 Hr)

B – Over All Performance Including Regularity – 05 Marks

Books Recommended:

- Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson
- Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
- Husain, A. (2012). Social psychology. New Delhi, India: Pearson.
- Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill.
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson.
- Social Psychology by Arun Kumar Singh.

Semester-III

Course Title: PRACTICAL MN-1B (MN-1B LAB)

Credits: 01

FM-25 Marks	Pass Mark-10
Content	
<ul style="list-style-type: none">• Measure the Self Esteem of subject/ testee• Measure the Self-concept of subject/ testee• Measure the Attitudes of subject/ testee	

Experiments – 15 Marks

Viva-Voice – 05 Marks

Notebook – 05 Marks

Books Recommended:

- Uchhtar Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Baron, R. & Misra.G. (2013). Psychology. New Delhi: Pearson.
- Suleiman, Md. (2012). Shikha and Manovigyan me shankhiki. Patna: Motilal Banarsidas.
- Singh, A.K. (2012). Shiksha aum Manovigyan Me Shankhiki. Patna: Motilal Banarsidas.
- Hussain., A.(2014). Experiment in Psychology.
- Mohsin,S.M. (1982). Experiments in Psychology.