

# KOLHAN UNIVERSITY, CHAIBASA



## Proposed Syllabus for FYUGP, NEP-2020 UG – Psychology (2022)

University Department of Psychology  
Kolhan University, Chaibasa

### Prepared By

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**Course Title: MAJOR COURSE-1 (MJ-1)**  
**Credits: THEORY-04, PRACTICAL- 02**

**FOUNDATION OF PSYCHOLOGY**

<b>Unit</b>	<b>Content</b>	<b>Hours</b>
<b>1 INTRODUCTION</b>	<ul style="list-style-type: none"> <li>• Nature of Psychology: Definition, Schools of Modern Psychology</li> <li>• Psychology in India: History and Current Status</li> <li>• Methods of Psychology</li> </ul>	15
<b>2 LEARNING, MEMORY AND PERCEPTION</b>	<ul style="list-style-type: none"> <li>• <b>Learning:</b> Classical Conditioning, Instrumental Learning, Observational Learning (socio-cognitive learning)</li> <li>• <b>Memory:</b> Nature of Memory, Models of Memory: Information processing model (Sensory register, Short-term memory (Working memory), Long-term Memory (Declarative – Episodic and Semantic; Procedural), Levels of processing, Parallel Distributed Processing model, Reconstructive nature of memory; Forgetting, Improving memory</li> <li>• <b>Perception:</b> Definition of Perception, Top down and Bottom Up processes, Size Constancy, Depth Perception</li> </ul>	40
<b>3 MOTIVATION &amp; EMOTION</b>	<ul style="list-style-type: none"> <li>• Approaches to understanding motivation, Characteristics, and Types of Motives</li> <li>• Elements of Emotions (components), Emotional Intelligence and Gender, Culture &amp; emotions</li> </ul>	15
<b>4 INDIVIDUAL DIFFERENCES: PERSONALITY AND INTELLIGENCE</b>	<ul style="list-style-type: none"> <li>• <b>Personality:</b> Nature and Theories</li> <li>• <b>Intelligence:</b> Nature and Theories</li> </ul>	20

**Books Recommended:**

- Ucchatar Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Mohsin, S.M. (1982). Experiments in Psychology.
- Banyard, P., Davies, M.N.O., Norman, C. & Winder, B. (Eds.) (2010). Essential psychology. New Delhi: SAGE Publications.
- Baron, R. & Misra, G. (2014). Psychology. New Delhi: Pearson
- Ciccarelli, S.K. & White, J.N. & Misra, G. (2018). Psychology. New Delhi : Pearson Education.
- Morgan, C T., King, R., Weisz, J. & Schopler, J. (2017) .Introduction to Psychology (7<sup>th</sup> Ed). McGraw
- Hills. Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R. (2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill

**Course Title: PRACTICAL, MJ-1 LAB**

**Credits: -02**

<b>Content</b>
<ul style="list-style-type: none"><li>• Free Recall and Serial Reproduction.</li><li>• Effect of Knowledge of result on Muller Lyer Illusion.</li><li>• Zeigarnik Effects</li><li>• Determination of RL by the Method of Constant Stimuli.</li></ul>

**Books Recommended:**

- Hussain., A. (2014). Experiment in Psychology.
- Uchtar Manovigyanik Prayog and Parikshan. by Arun Kumar Singh
- Suleman, M. (1996). Manovagyanik Prayog aur Parikshan.
- Mohsin,S.M. (1982). Experiments in Psychology.