

KOLHAN UNIVERSITY, CHAIBASA



Proposed Syllabus for FYUGP, NEP-2020 UG – Psychology (2022) University Department of Psychology Kolhan University, Chaibasa

Prepared By

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Semester-I

Course Title: **INTRODUCTORY REGULAR COURSE-1 (IRC-1)**

Credits: **03 (THEORY)**

INTRODUCTION TO PSYCHOLOGY

Unit	Content	Hours
1 INTRODUCTION	Definition, Approaches of Psychology, Scope and Goals of Psychology and Development of Psychology in India.	11
2 BRANCHES OF PSYCHOLOGY	Clinical Psychology, Social Psychology, Applied Psychology, Industrial Psychology, Organizational Psychology, Abnormal Psychology, Educational Psychology, Child Psychology, Criminal Psychology, Cognitive Psychology, Forensic Psychology, Health Psychology, Military, Sport, Neuropsychology, Transpersonal, Environmental, Positive, Spiritual and Integral.	12
3 PSYCHOLOGY AND MENTAL ILLNESS	Symptoms, Causes and Psychological Treatment of Anxiety Disorders, Depression, Schizophrenia and Mental Retardation.	11
4 PHYSIOLOGICAL BASIS OF BEHAVIOUR	Neurons: Structure, Functions and Types, Central Nervous System: Structure and Functions and Sensory Systems.	11

Books Recommended:

- Ucchta Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Baron, R. & Misra.G. (2013). Psychology. New Delhi: Pearson.
- Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. NewDelhi: Tata McGraw-Hill.
- Carlson, N. R. (2012). Foundations of physiological psychology. (Sixth Edition). Delhi: Pearson Education.
- Green, S. (1995). *Principles of biopsychology*. UK: Lawrence Erlbaum Associates Ltd.