

**KOLHAN UNIVERSITY, CHAIBASA
JHARKHAND**



Revised Curriculum and Credit Frame Work

For SEM – I

As per FYUGP, NEP- 2020

(U.G. Psychology – 2022 Onward)

**University Department of Psychology
Kolhan University, Chaibasa**

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Sem	Code	Papers	Credits (Theory +Practical)
I	MJ-1	Major Paper-1 (Foundation of Psychology)	3 + 1
	MN-1	Minor Paper-1 (Psychology at work)	3 + 1
	MDC/IRC-1	Multi-Disciplinary Course	3 + 0

- **For End Semester Examination (ESE 60 marks, 3 Hrs Exam):**

There will be **two** group of question. **Group A is compulsory** which will **contain** three questions. **Question No. 1 will be very short answer type** consisting of five questions of 1 mark each. **Question No. 2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five question of fifteen (15) marks each, out of which any three are to answer.

- **For End Semester Examination (ESE 75 marks, 3 Hrs Exam):**

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No. 1 will be very short answer type** consisting of five questions of 1 mark each. **Question No. 2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** six questions of fifteen (15) marks each, out of which any four are to answer.

Semester-I

Course Title: Multi- Disciplinary Course (MDC)

Credits: 03

Learning Objective:

- Understanding what psychology is all about.
- Appreciation of the scope and the field of Psychology.
- Understanding the mental health.
- To developed counselling skills.

INTRODUCTION TO PSYCHOLOGY

FM-75 Marks		Time 3hrs
Unit	Content	Hours
1 INTRODUCTION	Definition, Approaches of Psychology, Scope and Goals of Psychology and Development of Psychology in India.	11
2 BRANCHES OF PSYCHOLOGY	Clinical Psychology, Social Psychology, Applied Psychology, Industrial Psychology, Organizational Psychology, Abnormal Psychology, Educational Psychology, Child Psychology, Criminal Psychology, Cognitive Psychology, Forensic Psychology, Health Psychology, Military, Sport, Neuropsychology, Transpersonal, Environmental, Positive, Spiritual and Integral.	12
3 PSYCHOLOGY AND MENTAL ILLNESS	Symptoms, Causes and Psychological Treatment of Anxiety Disorders, Depression, Schizophrenia and Mental Retardation.	11
4 PHYSIOLOGICAL BASIS OF BEHAVIOUR	Neurons: Structure, Functions and Types, Central Nervous System: Structure and Functions and Sensory Systems.	11

*Remarks -: No Internal Exam

Books Recommended:

- Ucchar Samanya Manovigyan Advanced General Psychology by Arun Kumar Singh
- Baron, R. & Misra.G. (2013). Psychology. New Delhi: Pearson.
- Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. NewDelhi: Tata McGraw-Hill.
- Carlson, N. R. (2012). Foundations of physiological psychology. (Sixth Edition). Delhi: Pearson Education.
- Green, S. (1995). *Principles of biopsychology*. UK: Lawrence Erlbaum Associates Ltd.